

SCHOOL PROGRAM CATALOG

MustSkills

CBSE-Aligned Life Skills for Classes VI–X

A structured, school-sponsored annual program delivering real-world life skills inside school hours — without disrupting academics.

40 hrs

Per year

6

Life skill domains

1 hr

Per week

100%

Internal assessment

Program Overview

MustSkills delivers CBSE-aligned life skills inside school hours — 1 hour per week, 40 weeks per year. Each domain is taught by a qualified professional and maps to official CBSE Skill Modules and Skill Subjects (Circular Skill-01/2023).

CBSE & NEP 2020 Aligned

Directly maps to official CBSE Skill Modules (VI–VIII) and Skill Subjects (IX–X). NEP 2020 compliant.

Zero Academic Disruption

1 hour per week. Integrated into existing timetable. No homework or external exams required.

Professional Educators

Doctor, Psychologist, Lawyer, CA, Engineer, and MBA — each teaching their domain of expertise.

Complete School Package

Lesson plans, student handouts, assessment rubrics, parent booklet, and MoU all included.

Six Life Skill Domains

Domain	CBSE Codes	Key Topics
Digital & AI Literacy	913 · 906 · 901 · 417	Cyber safety, AI awareness, social media responsibility
Mental & Emotional Wellbeing	902 · 413 · 917	Stress, addiction awareness, healthy habits
Health, Hygiene & Safety	914 · 916 · 413 · 418	Hygiene, first aid, nutrition, body awareness
Financial & Legal Literacy	904 · 405 · 411	Money, banking, consumer rights, entrepreneurship
Communication & Leadership	908 · 412 · 415	Public speaking, body language, leadership, GDs
Critical Thinking & Civics	903 · 422	Problem solving, Constitution, emergency readiness

Commercial Model

Program	Per Student / Year	Notes
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Annual Subscription	Rs. 1,500	Full year · All materials · School-sponsored
Pilot Program	Rs. 1,200	First academic year · Limited slots available

[BOOK A DEMO OR REQUEST BROCHURE](#)

Free 30-minute school orientation — no commitment required.

contact@mustskills.in · Bangalore, India · CBSE Circular: Skill-01/2023